



Gumbo Flats 7th Annual Pumpkin Run

5K & 10K Run/Walk

Saturday, October 25, 2008



All sponsors as of August 13, 2008

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- *ATA Martial Arts
- *After Hours Pediatric Urgent Care
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- *Orlando Gardens Banquet, Inc.
- *St. Louis Physical Therapy
- *St. Luke's Hospital
- *Sheridan's Frozen Custard
- *Smith Chiropractic
- *Surf Dogs

REGISTRATION

On-line
Easy as...

1. www.active.com
2. Search Gumbo Flats Pumpkin Run
3. Click & register a nominal on-line registration surcharge applies

By Mail
Complete registration form & mail to:
Chesterfield Chamber of Commerce
101 Chesterfield Business Parkway
Chesterfield, MO 63005

Race Day
6:30 - 7:45 a.m.
near the starting line
Cash or Check only

- Date/Time:** October 25, 2008 Start time is 8 a.m. (Race Day Registration begins at 6:30 a.m.)
- Location:** Chesterfield Towne Centre in Chesterfield Valley at the corner of Long Rd. and Edison Ave.
- Directions:** West Bound Hwy 40 from St. Louis exit #16. South on Long Rd. to the second stoplight, turn right on Edison Ave. and follow signs for parking.
East Bound Hwy 40 from St. Charles exit Chesterfield Airport Rd. proceed east (approx. 2.5 miles) to Long Rd., turn right (south) to 1st stoplight, turn right on Edison Ave. and follow signs for parking.
- Cost:** Early registration is \$20 if received before Oct. 10. Late or Race Day registration is \$25. Children 14 and under are \$15 if received before Oct. 10 and \$20 for Late or Race Day Registration. Each participant must complete an Entry form (below).
- Shirts:** First 1,200 registrants to pick up their race packets will receive a classic long sleeve T-shirt. Shirt sizes will be on a first come, first serve basis.
- Courses:** The 10K (6.2 mile) course and the 5K (3.1 mile) course are out and back courses starting at the corner of Edison Ave. and Chesterfield Business Pkwy.
- Awards:** Awards will be given to the first, second and third place male and female overall winners and finishers in the following age categories: 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, 70 and over.
- Charity:** A portion of the proceeds to benefit Wings of Hope.
- Packet Pick-up:** Thursday, October 23 (5 - 7) and Friday, October 24. (11-7)
Ghisallo Apparel & Bicycles
161 Long Road # 103, Chesterfield, MO 63005



2008 GUMBO FLATS PUMPKIN RUN -OFFICIAL REGISTRATION FORM-

Please make copies and use a separate form for each entrant. Please print.
All mailed entries must be post marked by Oct. 10 to qualify for early registration

Name: _____ / / _____
Last First M.I. Date of Birth Age on 10-25-08

Address: _____
Street Phone #

Address: _____
City State Zip E-mail

Emergency Contact: _____
Name Phone #

I'll be participating in the: 5K 10K Male Female

Preferred Shirt size (circle one): Youth: M Adult: S M L XL XXL

Waiver of Liability: In consideration of the foregoing, I, for myself, my executors, administrators, and assigns, do hereby release and discharge the Chesterfield Chamber of Commerce, Ghisallo Apparel & Bicycles, Logan College of Chiropractic, Fleet Feet, ATA Martial Arts, After Hours Pediatric Urgent Care, St. Louis Physical Therapy and all other corporate sponsors and their representatives from all damages, demands, actions, and causes of action whatsoever, in any manner arising or growing out of participation in said run. I certify that I have run this distance or longer in practice regularly in weeks prior to the event.

All entries must be completed and signed. X _____ Date _____

5K & 10K Run/Walk Fees:

Postmarked by 10/10 \$20

Late/Race Day \$25

Children 14 and Under Postmarked by 10/10 \$15

Children 14 and Under Late/Race Day \$20

Checks payable to:
Chesterfield Chamber of Commerce
101 Chesterfield Business Parkway
Chesterfield, MO 63005